

# The Spotted Cow

## **While You Wait**

**Bread & Olives** - selection of country breads with olive oil and olives. £4.95

**Garlic Ciabatta** - available with or without cheese £3.95

**Whitebait Basket** – with tartare sauce £5.50

**Hummus and Pitta** – olive oil, herbs £4.75

## **Starters**

**Soup of the Day** - with rustic bread and butter £5.75

**Scallops & King Prawns**- pan-fried, in a chili and garlic sauce, ciabatta £9.95

**Fish Cakes** - homemade fish cakes served with tartare sauce and salad £7.75

**Prawn & Avocado Cocktail** - crayfish, prawn and avocado served with Marie-rose sauce, lettuce, bread and butter. £7.95

**Buffalo Wings** – Spicy chicken wings with blue cheese and paprika dip £6.95

**Calamari** - salt and pepper Cornish calamari, sweet chilli dip, lemon and salad. £7.50

**Halloumi Skewers** – Grilled veg, grilled halloumi dressed salad, sweet chili dip £7.95

## **Platters to Share**

**Fish Platter** - calamari, fishcakes, prawns, smoked salmon and whitebait served with taramasalata, tartare sauce and flat bread £17.95

**Oven Baked Camembert** – Garlic, Rosemary, Ciabatta, onion chutney, dressed salad £12.95

## Mains

**Beer Battered Cod and Chips** - cooked in beer batter, thick cut chips, served with minted mushy peas and tartare sauce £12.95

**Sea Bass** - pan fried fillet of sea bass and tiger prawns in a white wine and garlic sauce, served with spinach, green beans, dauphinoise potatoes £16.95

**Pie of the Day** - Homemade Pie, served with mash potato, and seasonal vegetables £13.50

**Stuffed Chicken** - filled with asparagus and mozzarella cheese, in a mushroom cream sauce, served with sautéed potatoes and French beans £14.95

**Scampi and Chips** - with homemade tartare sauce and garden peas £11.95

**Pork Belly**- slow cooked in apple & cider gravy, black pudding, sauté potatoes and vegetables £15.95

**Fish Pie**– Mixed fish, cheesy mashed potatoes, vegetables £14.50

**Homemade Beef Burger** - comes with chunky chips, tomato, lettuce, bbq dip £12.50 Add cheese or bacon for £1.50

**Sirloin Steak 10oz** - with chunky chips, flat mushroom and roasted tomato with peppercorn sauce £21.95

**Risotto Primavera** - with asparagus, peas, mushrooms, onions, white wine, topped with rocket and parmesan £12.50. Add chicken £2.50

**Breast of Duck** - with cherry plum and Marsala wine sauce, dauphinoise potatoes and french beans £16.50

**Indian Chicken Curry** – Served with rice, poppadum, mango chutney £13.50

**Spotted Cow Superfood Salad** - quinoa, feta cheese, avocado, broccoli, french beans, cucumber, sunflower seeds, peas and herbs. Choose either grilled chicken or grilled halloumi £12.95

## Sides

Onion Rings, Sautéed Mushrooms, Seasonal Vegetables, Side Salad , Fried Zucchini, or Chunky Chips £3.50 each